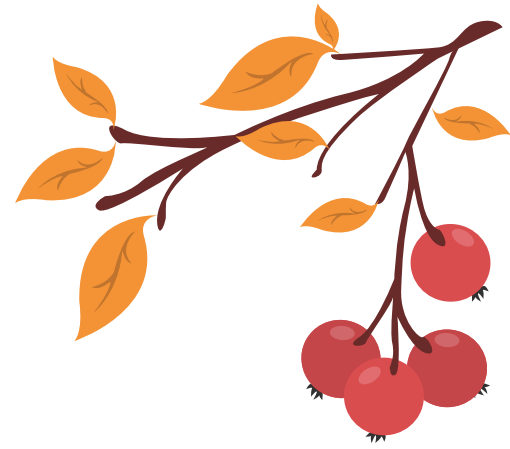


November

FORTH QUARTER



NOVEMBER FOCUS

GOALS

- 1.
- 2.

OBJECTIVES

- 1.
- 2.
- 1.
- 2.

TASKS

- 1.
- 2.
- 3.
- 1.
- 2.
- 3.

Friday, November 1

My Main Focus: _____

| |
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| 5:00 AM |
| 5:30 AM |
| 6:00 AM |
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| 9:00 PM |

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, November 2

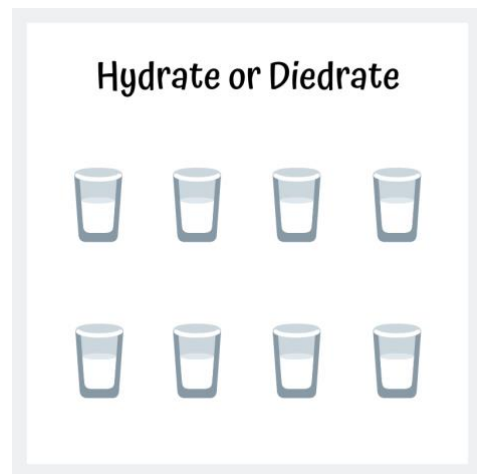
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, November 3

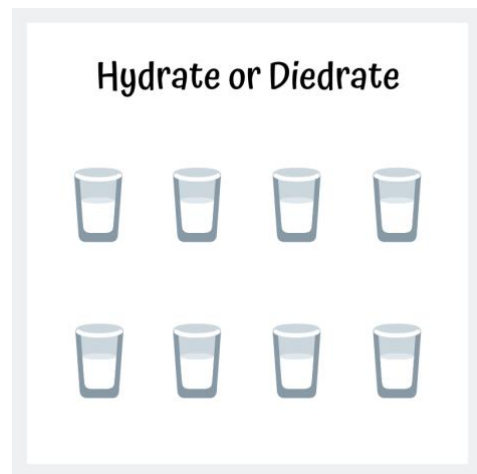
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Plan*

Big Exciting Goals for this Week

Action Steps toward Goal

1. _____

1.a _____

b _____

c _____

2. _____

2.a _____

b _____

c _____

3. _____

3.a _____

b _____

c _____

To Do

Monday, November 4

My Main Focus: _____

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| 5:00 AM |
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| 7:00 AM |
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| 9:00 PM |

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, November 5

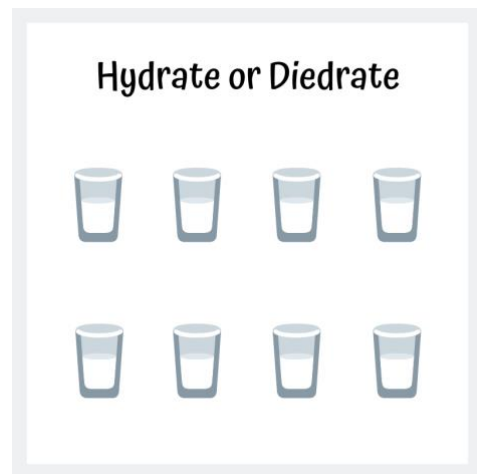
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, November 6

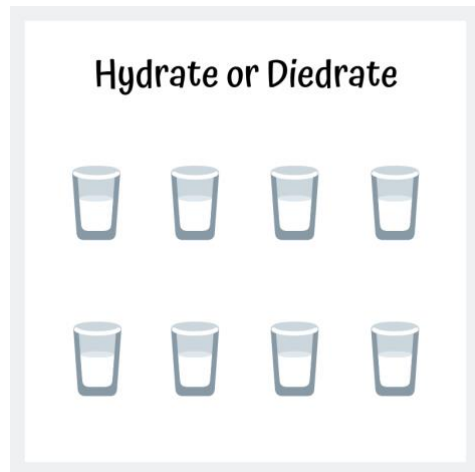
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, November 7

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, November 8

My Main Focus: _____

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| 9:00 PM |

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, November 9

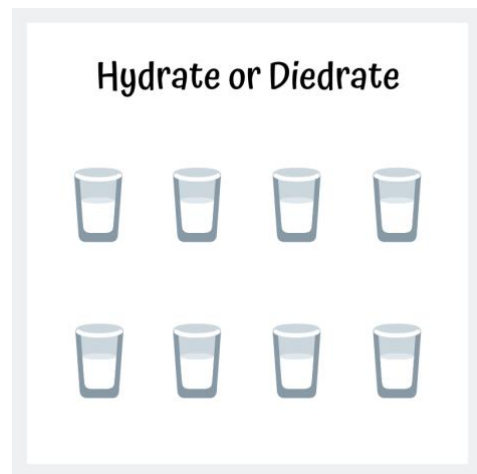
My Main Focus: _____

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| 9:00 PM |

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, November 10

My Main Focus: _____

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| 5:00 AM |
| 5:30 AM |
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Monday, November 11

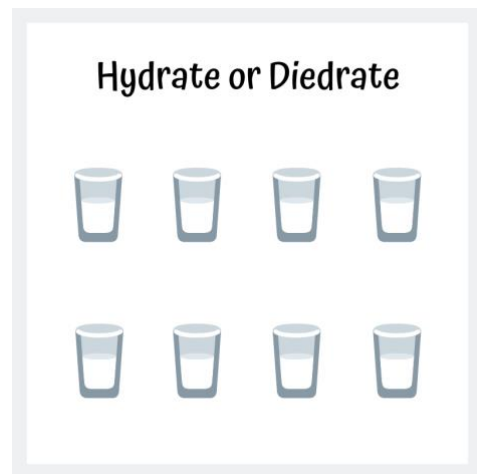
My Main Focus: _____

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| 9:00 PM |

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, November 12

My Main Focus: _____

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| 5:00 AM |
| 5:30 AM |
| 6:00 AM |
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, November 13

My Main Focus: _____

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| 9:00 PM |

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, November 14

My Main Focus: _____

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| 5:00 AM |
| 5:30 AM |
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, November 15

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, November 16

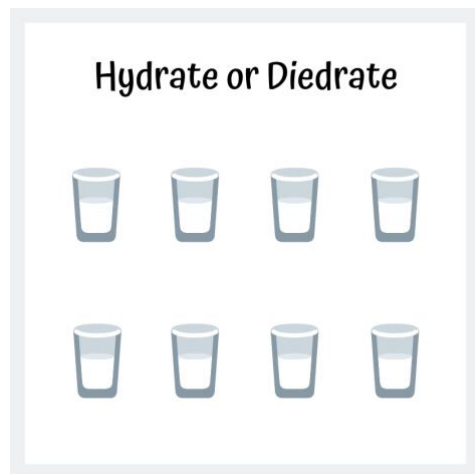
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, November 17

My Main Focus: _____

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| 5:30 AM |
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Plan*

Big Exciting Goals for this Week

Action Steps toward Goal

1. _____

1.a _____

b _____

c _____

2. _____

2.a _____

b _____

c _____

3. _____

3.a _____

b _____

c _____

To Do

Monday, November 18

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, November 19

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, November 20

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, November 21

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, November 22

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, November 23

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, November 24

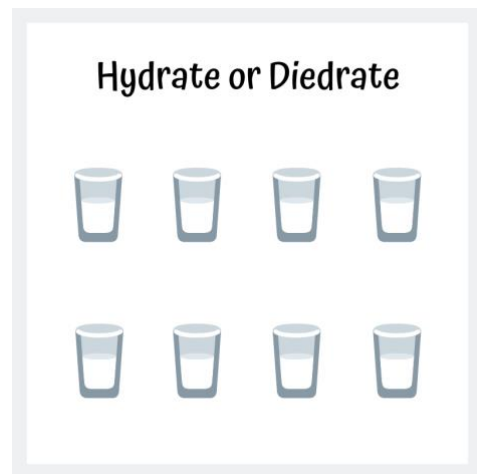
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Monday, November 25

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, November 26

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, November 27

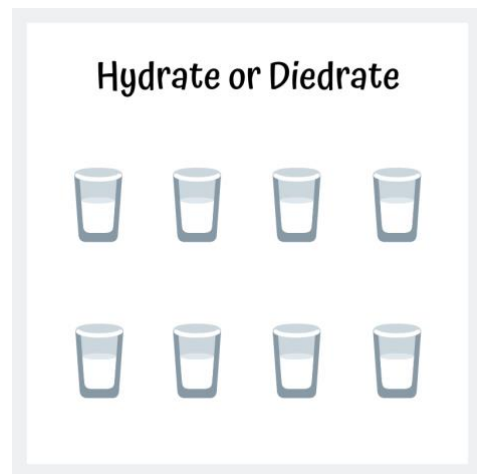
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, November 28

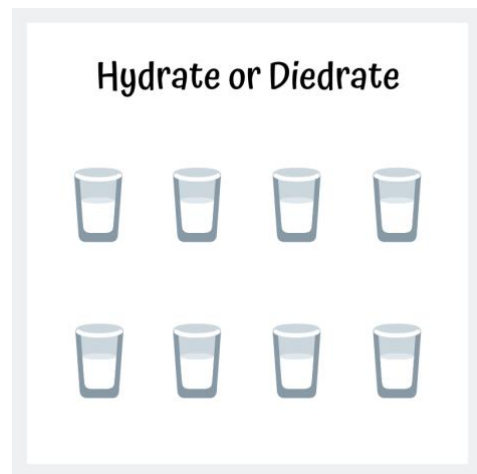
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, November 29

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, November 30

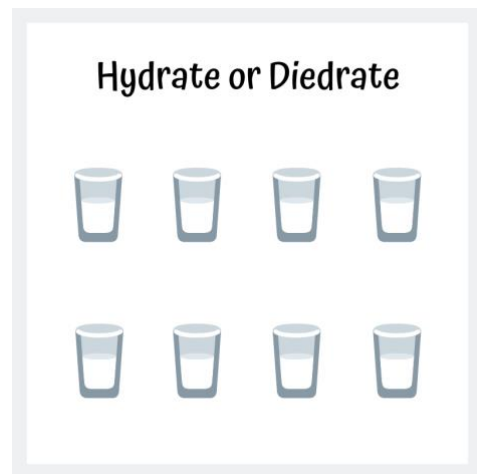
My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:
