

April

SECOND QUARTER
(APR, MAY, JUNE)



SECOND QUARTER PRIORITIES

APRIL FOCUS

GOALS

OBJECTIVES

TASKS

1.

2.

1.

2.

1.

2.

1.

2.

3.

1.

2.

3.

Second Quarter *Targets & Deadlines*

APRIL 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	30	24	25	26	27	28
						29

Monday, April 1

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
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9:00 AM
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8:30 PM
9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, April 2

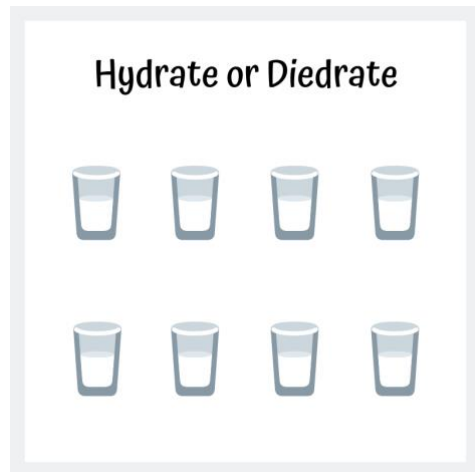
My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
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9:30 AM
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8:30 PM
9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, April 3

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
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8:30 AM
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6:00 PM
6:30 PM
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7:30 PM
8:00 PM
8:30 PM
9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, April 4

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
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8:30 AM
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6:30 PM
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7:30 PM
8:00 PM
8:30 PM
9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, April 5

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
9:00 AM
9:30 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, April 6

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
9:00 AM
9:30 AM
10:00 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, April 7

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
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8:30 AM
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8:00 PM
8:30 PM
9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Plan*

Big Exciting Goals for this Week

Action Steps toward Goal

1. _____

1.a _____

b _____

c _____

2. _____

2.a _____

b _____

c _____

3. _____

3.a _____

b _____

c _____

To Do

Monday, April 8

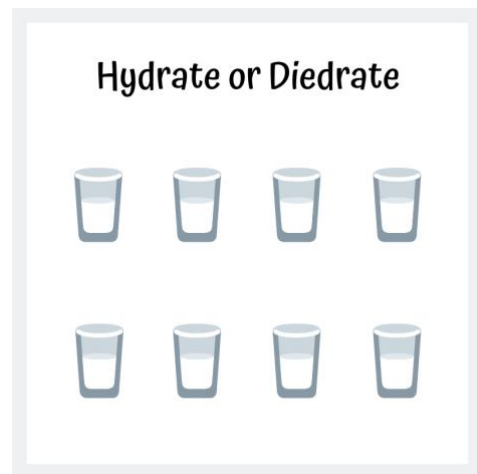
My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, April 9

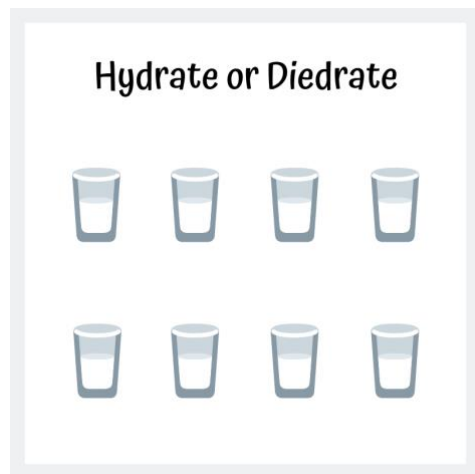
My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
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9:30 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, April 10

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
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9:30 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, April 11

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, April 12

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, April 13

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, April 14

My Main Focus: _____

5:00 AM
5:30 AM
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6:30 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly Plan

Big Exciting Goals for this Week

Action Steps toward Goal

1. _____

1.a _____

b _____

c _____

2. _____

2.a _____

b _____

c _____

3. _____

3.a _____

b _____

c _____

To Do

Monday, April 15

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, April 16

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, April 17

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, April 18

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, April 19

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
9:00 AM
9:30 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, April 20

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
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9:00 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, April 21

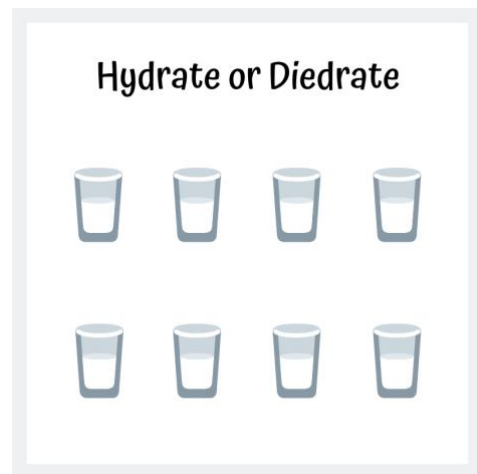
My Main Focus: _____

5:00 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Monday, April 22

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, April 23

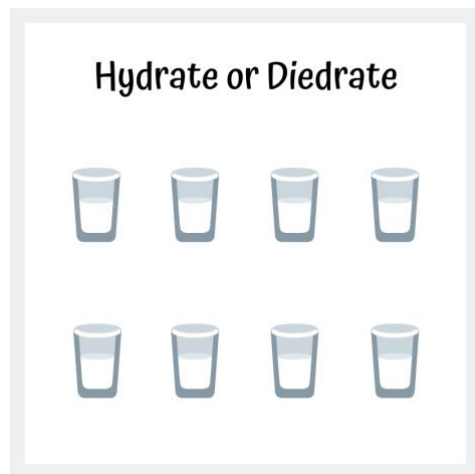
My Main Focus: _____

5:00 AM
5:30 AM
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9:30 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Wednesday, April 24

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
9:00 AM
9:30 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Thursday, April 25

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
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9:30 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Friday, April 26

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
9:00 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Weekly *Review*

Big Wins

1. _____
2. _____
3. _____
4. _____
5. _____

Challenges

1. _____
2. _____
3. _____

Solutions

- 1.a _____
b _____
- 2.a _____
b _____
- 3.a _____
b _____

Saturday, April 27

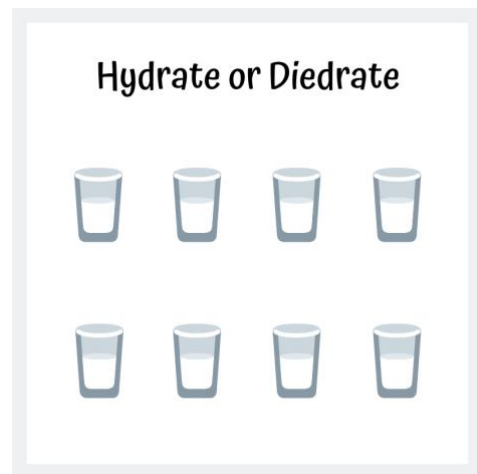
My Main Focus: _____

5:00 AM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Sunday, April 28

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
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9:00 PM

Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Monday, April 29

My Main Focus: _____

5:00 AM
5:30 AM
6:00 AM
6:30 AM
7:00 AM
7:30 AM
8:00 AM
8:30 AM
9:00 AM
9:30 AM
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10:30 AM
11:00 AM
11:30 AM
12:00 PM
12:30 PM
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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:

Tuesday, April 30

My Main Focus: _____

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Today I'm grateful for:

I'm excited about:

To Do:



Today's win:
