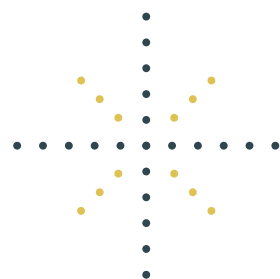
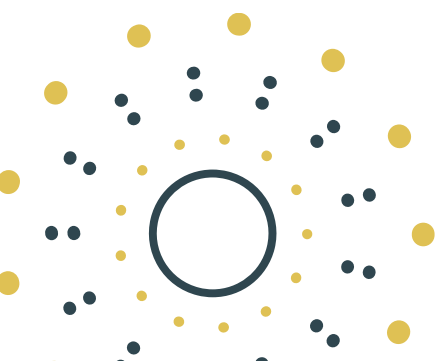
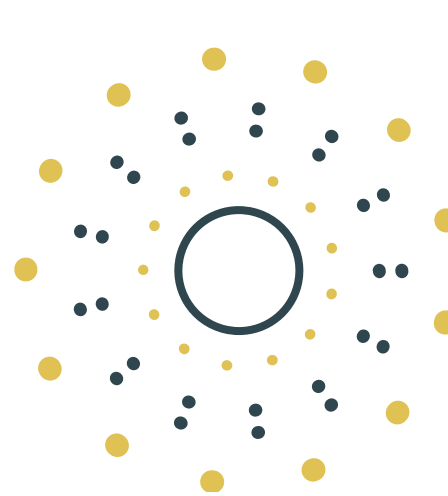
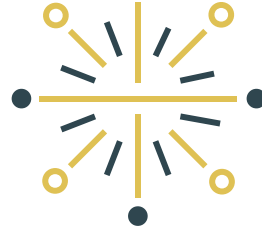


## 20 Year End Reflection Questions

### Reflect, Celebrate, Grow

1. What's the best thing that happened in your life this year?
2. What's the best thing that happened in the WORLD this year?
3. What was your biggest challenge?
4. Choose a word to describe last:
  - Winter
  - Spring
  - Summer
  - Autumn
5. What's the best piece of advice you received this year?
6. What did you consume most of this year? If your life was broken up into a pie-chart, what would it look like? (Social media, books, traditional media, purchased 'stuff', podcasts, Netflix, types of food, children's cartoons, etc.)
  - How did you feel during/ after consumption?
7. What's something you read, saw, or heard, that made you think in a different way?





8. What is something that scared you this year?
9. What's something that scared you, but you did it anyway?
10. What's something that made you laugh... hard?
11. What accomplishment are you most proud of?
12. What relationship(s) did you put the most work into this year?
13. What relationship most supported your growth this year?
14. What was your biggest lesson?
15. What's a skill you acquired this year? (Or at least made a good start on?)
16. What's something cool you created this year?
17. What's something new you learned about yourself this year?
18. What are you most grateful for this year?
19. 2019 was the year of \_\_\_\_\_.
20. If you could time travel to January 1, 2019 what piece of advice would you give yourself?

